

TRAINER MATERIALS LIST

Day 1

- Handout 1: New Worker Information
- Handout 2: Personal Learning Goals
- Hexagonal cutouts with the At One Table values, the DCFS Mission, and blank ones. Each individual will need a copy of the blank ones, and the value copies will depend on if you are doing this as an individual activity or more of a group one.
- Tape, scissors, markers, pipe-cleaners (enough for each person to have around three or four)
- Beach ball (depending on what learner-led summary you choose)

Day 2

- **Brene Brown Empathy vs. Sympathy Video** (length 2:54) <https://youtu.be/KZBTYViDPIQ?feature=shared>
- **Children from Hard Places and the Brain** video (7-minute excerpt) - click on the video icon on the slide, or by using the internet version of the video found at: <https://www.youtube.com/watch?v=ak6z3pqNqFU&t=282s>
- **ACES Primer** video (length 4:59) which is embedded in the Day 2 PowerPoint, or by using the internet version of the video found at: <https://vimeo.com/139998006>
- **Science of Stress video (length 6:41)** <https://www.midsouth.ualr.edu/staff/wp-content/uploads/2024/07/Science-of-Stress.mp4>
- **Upstairs Brain Downstairs Brain - SEL Sketches Video (6:18)** <https://youtu.be/dk1Nt-xnSGI?si=qcnvyU2FJ74uP0oY>
- **Dr Dan Siegel's Hand Model of the Brain Video (3:17)** https://youtu.be/LdaUZ_wbD1c?si=yuBoWYgyVr9Jb1MB
- **“Neuroplasticity”** video clip (length 2:03) <https://youtu.be/ELpfYCZa87g>
- **“Brain’s Journey to Resilience”** video (length 7:43) <https://vimeo.com/245310333>

Day 3

- **Kahoot: Foundations Unit 2 Practice Assessment Link:** https://kahoot.it/challenge/007943266?challenge-id=f093ff3f-ee6e-4e7e-85cf-4b5094f5cfa1_1744683314672
- **ICWA** video (length 7:32) <https://youtu.be/tYMG13pKq4Y?feature=shared>
- **Module 6 Culturally Responsive Child Welfare Video (length 3:11):** <https://youtu.be/NAj55BHBfO0?si=rw2h2fYcqFOv5x42>
- **What is Cultural Humility? Video (length 2:30):** https://youtu.be/c_wOnJJEfxE?si=_BPIB_qs96qkUkO
- Chimamanda Ngozi Adichie’s **“The Danger of a Single Story”** Video (length 3:48) <https://www.youtube.com/watch?v=Drj0cZTBhUI>