

Is Intercept right for my family?

Intercept intensive in-home services may be right for your family if your child is:

- 0 to 17 years old
- At risk of entering state custody
- Returning home from an out-of-home placement

Frequently Asked Questions

Q: Who will meet with me to deliver Intercept?

A: A Youth Villages employee, called a family intervention specialist, will be assigned to your family to deliver the Intercept program and help your family achieve success.

Q: How often will we meet?

A: Your family intervention specialist will meet with your family three times per week on average, at times convenient for you. They are on call 24/7 to provide support when needed. Intercept typically lasts four to six months.

Q: Where do I meet my specialist?

A: Intercept is designed to be delivered in the home setting and the community; your specialist can meet you in the location most convenient for you (i.e. at school or work).

Q: Is there any cost to me?

A: No. Intercept is free to families.

Q: Do I (the guardian) need to be present in the home during the session?

A: Yes, the participation of all family and other involved individuals is encouraged.

Intercept allows your family to work together to successfully meet your goals, in order to keep your child safely in your home.

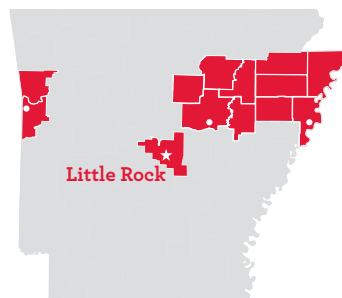
Q: How exactly will Intercept help my family?

A: Intercept is designed to address a variety of referral issues, and will be customized to your family needs and goals. Your family will be involved every step of the way.



ARKANSAS

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Counties Served

Cleburne, Craighead, Crawford, Crittenden, Cross, Independence, Jackson, Mississippi, Poinsett, Pulaski, Sebastian, White, Woodruff

For any questions, please contact:

Erica Robinson, Assistant Director
erica.robinson@youthvillages.org

or

ArkansasIHS@youthvillages.org

Connect with us



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**INTENSIVE
IN-HOME SERVICES
PROGRAM**

It begins with a family at risk

Youth Villages helps parents and children overcome barriers, working collaboratively to help them achieve long-term success. Our intensive in-home program Intercept supports parents and children in leading healthy, successful lives.

The Intercept® program specializes in:

- Helping children avoid out-of-home placements, keeping them in their own homes and communities.
- Reuniting children in residential treatment facilities, foster homes, psychiatric treatment facilities, hospitals, or group homes with their families.
- Providing individualized treatment to families and caregivers, including 24/7 on-call availability.

How does Intercept work?

Intercept intensive in-home services focuses on interventions designed to help families in their homes, in schools, and in their communities. Intercept works collaboratively with doctors, teachers, case workers and courts to resolve family problems and teach families how to resolve future problems independently. Most importantly, Intercept teams support the whole family.

Intercept services include:

- Family sessions
- Mental health support for caregivers
- Parenting skills training
- Help with education, as well as peers and schools
- Assistance with accessing community resources

Intercept's approach promotes long-term success for children and their families.



James' Story

Sometimes life throws so many challenges and obstacles at a family that both the parents and kids feel like they have nowhere to turn.

That was the situation an Arkansas family faced when their son's mental health issues and challenging behaviors became too much. The situation had gotten to a point where their son James might have to leave the family for therapeutic foster care or residential services.

Fortunately, with the help of the Youth Villages Intercept intensive in-home program, the family found a positive path to healing. Intercept is an integrated, trauma-informed approach that offers a variety of evidence-based practices to meet the individualized needs of a family and young person.

Ebony, a Youth Villages specialist, began working with the family in their home, first addressing how James behaved. There was a list of difficult issues. He was physically and verbally aggressive, had low grades at school and too many absences, had negative interactions with adults and classmates. He was depressed.

"I saw immediately that James was a great kid,"



Ebony said. "He just needed support. As we worked together, things began to change."

In addition to meeting with his specialist and parents, three times a week at home, James began going to intensive therapy as well, so he'd have continuing support once he completed the Intercept program.

Intercept didn't just help James, but the entire family. With Ebony's help, Mom finally arranged mental health services for herself. Mom and Dad also worked with Ebony on finding various resources to support their parenting and communication skills.

They are now able to set expectations for James' behavior and work together as a team when there is a problem. Now, they are able to talk through issues calmly and find solutions as a family. All of these changes have helped James be more respectful of his parents and have enabled mom and dad to become more confident in their parenting.

"The individual attention and support made a difference," mom said. "James has made tremendous progress at home and at school."