

SOP DEEP DIVE MODULE 2

THINGS TO TRY: CASEWORK

Challenge yourself by choosing one of the ideas below and TRY IT ON. Consider sharing your chosen activity and outcome with your supervisor, field instructor, or deep dive leader.

TIPTOEING INTO THE COLLABORATIVE ASSESSMENT AND PLANNING (CAP) FRAMEWORK

Think about a family that you work with, and begin by asking yourself the questions below.

- What am I worried about?
- What is the impact on the child (harm)?
- What is working well?
- For things that are working well, have they been demonstrated over time to mitigate safety?

CULTURAL CONSIDERATIONS

Thinking about a case on your caseload, jot down a quick list of identities pertaining to the family.

- How do their identities effect their hierarchy of needs, family system, and experiences?
- How can you improve your engagement and grow your cultural competency while working with the family?

TRY ON THE LANGUAGE

In your next case consult with your supervisor, field trainer or coach, see if you can identify the following two CAP Framework concepts within a current case.

- Is it harm or a complicating factor? Why?
- Is it safety or a strength? Why?

DEFINING PAST HARM

- Try to construct a harm statement (reason for involvement) for a case on your caseload. Share the harm statement with the family on the next home visit.
- Does your harm statement match why *they* think the agency is involved?

GOAL!!

Consider a case on your caseload. Imagine what reunification would look like and what the caregiver would need to do differently to get there.

- How would you know the family had reached their goal?
- Share your thoughts with the caregiver and assess level of agreement.

GRAY AREAS

Is there anything that is confusing about the case, or that you would like to know more about? Come up with two questions and pose them at your next visit.