

# CAP EXAMPLE FOR RESOURCES

**Worker Name:** Linda/Joanna

**Family Name/ID:** Fabiola

**Date:** 8/4/2021

**Resource Name/ID:** Franklin

What are we worried about?		What is working well?																				
<p><b>Harm and Danger (of the placement disrupting)</b></p> <p>Ellen and Ron are having a difficult time as foster parents for the girls (Desirae [14], Maria [16], and Serena[17]). They listed several concerns.</p> <ul style="list-style-type: none"> <li>• They are frustrated when the girls do not call and check in.</li> <li>• They are tired of chasing after them and getting no answer when they call.</li> <li>• DCFS and the foster family need to be informed and know the girls are safe.</li> <li>• They are upset that bedbugs are a recurring problem.</li> <li>• They are unhappy that the girls often do not ask, but instead tell them they are doing something or demand rides.</li> </ul>	<p><b>Purpose of Consultation</b></p> <p>To stabilize the placement with the resource family, who is considering giving their notice. Foster parents Ron and Ellen are frustrated with the girls' behavior and are considering giving their notice as they feel they can no longer care for three teenage girls.</p> <p><b>Genogram, Ecomap, Circles of Safety and Support</b></p> <table border="0"> <tr> <td>Ellen and Ron</td> <td><i>Resource Parents</i></td> </tr> <tr> <td>Linda</td> <td><i>Resource Worker</i></td> </tr> <tr> <td>Joanna</td> <td><i>Foster Care Services Worker</i></td> </tr> <tr> <td>Erica</td> <td><i>Adult Sister</i></td> </tr> <tr> <td>Marisol</td> <td><i>Adult Sister</i></td> </tr> <tr> <td>Ashley</td> <td><i>Adult Sister</i></td> </tr> <tr> <td>Pedro</td> <td><i>Adult Brother (had to work)</i></td> </tr> <tr> <td>Desirae</td> <td><i>(14 yo)</i></td> </tr> <tr> <td>Maria</td> <td><i>(16 yo)</i></td> </tr> <tr> <td>Serena</td> <td><i>(17 yo)</i></td> </tr> </table> <p><b>Cultural Considerations</b></p> <p>Ellen and Ron are a white, Christian family caring for three Latinx teenage girls. The resource family attends a nondenominational evangelical Christian church, and the girls were raised Catholic.</p> <p><b>SDM® System Guidance</b></p> <p>Girls are on track for transitional assistance to live with their oldest adult sister, Erica, when they age out.</p>	Ellen and Ron	<i>Resource Parents</i>	Linda	<i>Resource Worker</i>	Joanna	<i>Foster Care Services Worker</i>	Erica	<i>Adult Sister</i>	Marisol	<i>Adult Sister</i>	Ashley	<i>Adult Sister</i>	Pedro	<i>Adult Brother (had to work)</i>	Desirae	<i>(14 yo)</i>	Maria	<i>(16 yo)</i>	Serena	<i>(17 yo)</i>	<p><b>Safety and Permanency/Belonging</b></p> <p>Erica and her siblings helped Ellen and Ron better understand how their younger sisters operate and what type of rules, rewards and consequences work best for them. They encouraged Ellen and Ron to be strict and said that the girls were used to more rules and accountability when living with their parents.</p>
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**Complicating Factors**

There are many cultural differences that play out between the girls and the resource family. The girls would prefer to go to Mass with their family.

The girls feel this meeting is a waste of time, that the resource family is clearly already going to give up on them.

Serena is devastated at the potential of having to move schools her senior year.

Maria is stressed out and struggling to keep her room clean due to so much schoolwork.

Serena said it feels like they are shamed and blamed for bedbugs (they came back three times this year).

Ellen and Ron have not asked for support from their own network of family, friends, and professionals and are feeling exhausted.

Maria is caretaking/enabling Serena by doing her chores for her.

Girls stated there's an unfair issue with daycare kids not having to bag-up clothes. Ellen stated that she does follow the same protocol with everyone who comes and goes from the house.

**Gray Areas**

- Not sure why mother didn't show for this meeting, girls worried she may have relapsed, older sister wonders if she may just be too ashamed to show her face.
- Ellen said the clothing allowance stopped coming and they don't know why.

**Strengths and Resources**

Everyone is committed to working on bridging those gaps by listening and learning from one another.

The girls have four adult siblings: three sisters and a brother. The adult sisters came to participate tonight.

The girls are all good students.

Maria does keep up with her laundry.

Desirae does keep her room neat and ask for rides respectfully.

The girls have continued to have sporadic family time with their mother even though her rights were terminated and their permanency goal is no longer reunification.

## What needs to happen?

### Worry Statements

DCFS and the family are worried that if Ellen and Ron don't get the support they need to manage the girls in their care, they will give their notice and the girls will have to move again and disrupt their school and work lives. Desirae, Maria, and Serena will be further traumatized by losing another connection with safe adults.

### Goal Statements

Ellen and Ron will work with a network of family, friends, and professionals to always feel like they have people to call for emotional support and a backup plan when they need respite so they can keep the girls safely and securely in their care until they age out of the DCFS system.

### Action Steps

1. Ellen and Ron identified her sister, Mary Ann, and two couples from church whom they could ask to help out when the girls need rides or they need emotional support and parenting advice. They will invite them to attend the next meeting to see whether they will commit to being part of their support network.
2. Ellen and Ron agree to revise the structure and rules—Erica, Marisol, and Ashley explained that the girls should be held accountable to clean their room or they can't go out. The girls agreed to try the following.
  - Identify specific days and times when chores have to be done.
  - If the chores are not done by the specified time, they cannot go out until they are done.
  - If their request to go out to the mall or a party is not appropriate, such as there is no adult supervision, Ellen and Ron will say no, and the girls will accept no as the answer.
3. The girls may go to Mass with their siblings any time they want as long as they can get a ride.
4. FSW Linda will work to get the clothing allowance issue resolved this week.
5. Everyone agrees to work this action plan for the next month, until we can meet again on September 1.
  - At that meeting, we will dig into the larger issue of hierarchy of authority: DCFS as legal custodian, bio parent/siblings, and resource parents.
  - We will also create a plan B in case the family determines the plan is not working and the girls will need another living arrangement.

Based on: Consultation and Information Sharing Framework (Lohrbach, 2000); Signs of Safety Assessment and Planning Framework (Turnell & Edwards, 1999; Department of Child Protection, 2011); The Massachusetts Safety Map (Chin, Decter, Madsen, & Vogel, 2010); and The Partnering for Safety Assessment and Planning Framework (Parker & Decter, 2012).