

# MidSOUTH Center for Prevention and Training



## Spring 2021 Prevention Training Schedule



MidSOUTH CENTER FOR  
PREVENTION AND TRAINING



# **JANUARY**

## **IOM Categories and CSAP Strategies**

**Code:** D21CE049

**Date:** January 22, 2021

**Time:** 1:30 p.m.—3:00 p.m.

**Platform:** Zoom

**Trainer:** Dr. Rodney Wambeam

**Description:** The goal of the presentation is to detail the Institute of Medicine (IOM) categories and Center for Substance Abuse Prevention (CSAP) strategies in a way that helps Arkansas communities implement and document effective prevention efforts.

## **Prevention Ethics—Invitation Only**

**Code:** D21CE048

**Date:** January 26, 2021

**Time:** 8:30 a.m.—4:30 p.m.

**Platform:** Zoom

**Trainer:** Dr. Lisa Perry and Margaret Morrison

**Description:** This workshop is designed to provide prevention professionals with a model for ethical decision-making and practice using the code of ethics recognized by the International Certification and Reciprocity Consortium (IC&RC). Professionals will work on personal goals related to ethics, standards, and career development. This course will fulfill the six-hour ethics requirement for prevention certification through the Arkansas Prevention Certification Board.

## **Prevention Ethics—Invitation Only**

**Code:** D21CE067

**Date:** January 28, 2021

**Time:** 8:30 a.m.—4:30 p.m.

**Platform:** Zoom

**Trainer:** Dr. Lisa Perry and Margaret Morrison

**Description:** This workshop is designed to provide prevention professionals with a model for ethical decision-making and practice using the code of ethics recognized by the International Certification and Reciprocity Consortium (IC&RC). Professionals will work on personal goals related to ethics, standards, and career development. This course will fulfill the six-hour ethics requirement for prevention certification through the Arkansas Prevention Certification Board.

# **FEBRUARY**

## **APCB Orientation Workshop—Invitation Only**

**Code:** D21CE069

**Date:** February 9, 2021

**Time:** 8:45 a.m.—4:15 p.m.

**Platform:** Zoom

**Trainer:** Margaret Morrison

**Description:** The Prevention Certification Orientation Course will review the IC&RC requirements for the prevention certification. Prevention certification candidates will receive information that will assist them through each step of the certification process which includes: registration, choosing workshop courses, and preparing a portfolio. All fees and requirements needed for gaining certification and maintaining it will be discussed in this course. Participants will receive information concerning the prevention certification domains and gain insight into important concepts in prevention that will shape their learning experience during the certification process. This course is a prerequisite for the IC&RC Exam Course and is required for IC&RC Certification through the Arkansas Prevention Certification Board.

## **APCB Exam Preparation Workshop—Invitation Only**

**Code:** D21CE068

**Date:** February 11, 2021

**Time:** 9:00 a.m.—4:15 p.m.

**Platform:** Zoom

**Trainer:** Margaret Morrison

**Description:** Participants will learn about the prevention certification exam. The course is designed to make candidates feel more comfortable with the actual exam as well as to help focus study and preparation time. The Prevention Certification Orientation Course is a prerequisite. Please go to the IC&RC website [www.internationalcredentialing.org/](http://www.internationalcredentialing.org/) to print the Prevention Certification Candidate Guide.

## **Learning how to Assess Your Community**

**Code:** D21CE075

**Date:** February 18, 2021

**Time:** 9:00 a.m.—10:30 a.m.

**Platform:** Zoom

**Trainer:** Shannon Cook

**Description:** In this workshop participants will learn how to collect data to define behavioral health problems and needs within a geographic area. Assessment helps communities better understand the behavioral health problem they seek to prevent. The assessment step is sometimes referred to as “needs assessment”.

## **FEBRUARY**

### **Strategic Prevention Framework (SPF): Through COVID and Beyond**

**Code:** D21CE070

**Date:** February 26, 2021

**Time:** 10:00 a.m.—12:00 p.m.

**Platform:** Zoom

**Trainer:** Rick Collins—Pre-Recorded (CADCA)

**Description:** Are you looking for ways to better integrate the steps of the SPF model into your work? Then this webinar is for you! This webinar will focus on the components of one of the most commonly used models for prevention, the Strategic Prevention Framework (SPF). We will discuss creative ways that coalitions can implement the framework during COVID-19, and also look beyond COVID-19 for ways coalitions can leverage the model to measure outcomes and create lasting change in their communities.

## **MARCH**

### **Substance Abuse Prevention Skills Training (SAPST)**

**Code:** D21CE071

**Date:** March 1, 2, and 3, 2021

**Time:** 9:00 a.m.— 5:00 p.m.

**Platform:** Zoom

**Trainer:** Multiple Trainers

**Description:** The goal of the SAPST is to develop the basic knowledge and skills needed by substance misuse prevention practitioners to plan, implement, and evaluate effective, data-driven programs and practices that reduce behavioral health disparities and improve wellness. The SAPST is intended as an introductory level course; prior to taking this course participants are required to complete the Introduction to Substance Abuse Prevention (Pre-SAPST course) online. All registrants will be sent a link to the course and required to send a copy of their certificate of completion prior to attending the course.

### **Naloxone: Preventing Deaths Related to Opioid Overdose**

**Code:** D21CE034

**Date:** March 8, 2021

**Time:** 1:00 p.m.— 2:30 p.m.

**Platform:** Zoom

**Trainer:** Pat Brannin

**Description:** This training will provide an overview of the opioid crisis, recognition of overdose signs, and tips on how to respond in an emergency situation. There will also be a demonstration of how to administer Naloxone.

## **MARCH**

### **Prevention Ethics Refresher—Invitation Only**

**Code:** D21CE073

**Date:** March 15, 2021

**Time:** 9:00 a.m.— 12:00 p.m.

**Platform:** Zoom

**Trainer:** Hayse Miller

**Description:** The goal of this workshop is to provide a refresher for those prevention specialists needing recertification and those who have already fulfilled their 6-hour requirement but would benefit from a review and update of the basic prevention ethics concept.

### **Logic Models: Building a Road Map for your Program**

**Code:** D21CE074

**Date:** March 29, 2021

**Time:** 9:00 a.m.— 12:00 p.m.

**Platform:** Zoom

**Trainer:** Hayse Miller

**Description:** A logic model is a graphic depiction or road map that describes the shared relationships among the resources, activities, outputs, outcomes, and impact for your program. It depicts the relationship between your program's activities and its intended effects. Learn more about logic models and the key steps to developing a useful one in this workshop.

## **APRIL**

### **Prevention Marketing Video Production**

**Code:** D21CE072

**Date:** April 12, 2021

**Time:** 1:30 p.m.— 3:00 p.m.

**Platform:** Zoom

**Trainer:** Shamal Carter

**Description:** Thanks to great advancements in everyday technology, we have the ability to make professional-level content on-the-go. Most people with a mobile device are using smartphones, and the camera on modern smartphones has improved so much that many filmmakers are skipping the fancy camera equipment and using their mobile cameras to create great feature films. This tutorial will help you make more professional social media content, coalition videos and much more.

# **APRIL**

## **Tobacco and Vaping**

**Code:** D21CE042

**Date:** April 22, 2021

**Time:** 10:00 a.m.— 11:30 a.m.

**Platform:** Zoom

**Trainer:** Joy Gray

**Description:** This presentation will highlight the issue of vaping among youth. Topics will include the current products on the market, the issue of social media popularity with these products, and ways that adults can address these issues.

## **Baby and Me Presentation**

**Code:** D21CE043

**Date:** April 29, 2021

**Time:** 10:00 a.m.— 11:00 a.m.

**Platform:** Zoom

**Trainer:** Leronda Paige

**Description:** The Arkansas Department of Health's (ADH) Child and Adolescent Health Section has collaborated with the University of Arkansas at Little Rock MidSOUTH for the purpose of obtaining technical services to implement the Women, Infant and Children (WIC) Baby and Me parenting program in selected WIC clinics across the state. Baby and Me focuses on strengthening the parent/child relationship, promoting healthy child development, and connecting parents to community resources in WIC clinics selected by the Child and Adolescent Health Medical Director. PSM's will recruit recipients of WIC, who are either pregnant, (third-trimester) have a newborn, or 1-month old baby. They then provide six brief learning sessions paired with facilitated mother-child interaction time focused on enhancing secure attachment and reinforcing hospital and primary care physician education. Families have the opportunity to receive free diapers and wipes for their participation.



## **SPEAKER BIOS**



**Pat Brannin** has been a certified prevention consultant for over 15 years. She is currently the Prescription Drug Overdose Community Liaison for the Criminal Justice Institute working with community organizations and treatment centers to address opioid misuse issues. She has been a regional prevention provider and a project officer for the Division of Adult, Aging, and Behavioral Health Services and was instrumental in developing peer recovery specialists standards for the state. In her 30 year social services career she has been a child protective specialist, housing authority social services coordinator, parent facilitator in at-risk schools, a teacher, and a transitional housing manager. She is also a certified poverty coach and secretary of the Central Arkansas Re-Entry Coalition.



**Shamal Carter** graduated from Wynne High school in 2007. He later attended Arkansas State University where he studied Psychology and minored in Sociology. He later became certified as a family support provider as well as a recovery specialist and joined a family run organization called Family Voices Strengthening Arkansas which he has chaired for the last 5 years and currently chairs today. He is the author of "A Dream With No Hope," published in 2018, which identifies the obstacles that one has faced and overcome through mental health service. Shamal is the father of 2 beautiful daughters ages 7 and 10. He has worked in several different capacities in which he has served his community. He has worked as a Therapeutic foster care case manager as well as a police officer and a family support provider. Shamal additionally works in the media technology department at his church and serves as a musician as well. In 2018 he launched an anti-bullying campaign in which he was invited to Houston, Texas by the federation of families to present the campaign. He is an avid outdoorsman and enjoys helping his community.



**Rick Collins** is a Cincinnati, Ohio native who has lived and worked in Hawai'i since 2003. He currently serves as the Director of the Maui Coalition for Drug-Free Youth. Rick's career passion is in creating responsible drug and alcohol policies that keep youth safe and drug-free. He enjoys playing hockey, is a father of two and husband to one, and partakes in as many outdoor activities as time allows. Rick has an M.S. in Counseling Psychology from Chaminade University and a B.A. in Religious Studies from the University of Dayton. He is a licensed Marriage and Family Therapist and a Certified Prevention Specialist.



**Shannon Cook**, Regional Prevention Representative for Region 6 has worked in the substance abuse prevention field for more than 10 years. She began her career in prevention with the Strategic Prevention Framework-State Incentive Grant on Underage Drinking program working to reduce underage drinking. She has also worked in tobacco prevention. Shannon serves on the Arkansas Prevention Network (APNet) board and is an executive board member for Community Service, Inc. She received her undergraduate degree in sociology and her master's degree of sociology from the University of Central Arkansas. She is also certified as a Nonviolent Crisis Intervention (CPI) instructor.



**Joy Gray** is the Branch Chief for the Tobacco Prevention and Cessation Program at the Arkansas Department of Health (ADH). She has experience with the realm of prevention having previously also served as the program manager for Suicide Prevention at ADH. She is one of the creators of the Be Well Arkansas program, which is the only state-operated tobacco quit-line in the nation.



**Kendon L. Gray Sr.** has been a Regional Prevention Representative with Crowley's Ridge Development Council since 2006, and a Certified Prevention Specialist. Prior to starting his career in prevention, he spent several years working in local government as the Mayor's Assistant in his hometown of Marianna. He also held the position of Program Coordinator for two youth serving programs. Kendon is passionate about Prevention and its possibilities, and he takes every opportunity to raise awareness, educate, empower communities and preach the Power of Prevention.



**Amy Mellick**, a Regional Prevention Representative with Community Service, Inc., provides alcohol, tobacco, and drug prevention activities and education for a six county area including Pope, Johnson, Yell, Conway, Faulkner, and Perry counties. She is involved in numerous community coalitions with the goal of working towards reducing substance abuse among youth and adults. Amy serves on the board of the Arkansas Prevention Network and the Russellville Chamber Community Council. She is a certified trainer for the youth-led community action training Lead & Seed, Prevention Plus Wellness, Ethics in Prevention, and the Substance Abuse Prevention Skills Training (SAPST). Amy is also a graduate of the Russellville Regional Leadership Academy (Class 32), with the Russellville Chamber of Commerce. She is an Arkansas Tech University alumni, attends New Life Church, and has lived in Russellville since 2008.



**Hayse Miller** has a Bachelor of Science in Education and is a Certified Prevention Consultant for the Family Service Agency in North Little Rock. Hayse manages the Region 9 Prevention Provider program and makes progress towards the accomplishment of the state prevention plan and supports the requirements of the federal funding source.



**Margaret Morrison**, a 16-year Regional Prevention Representative veteran, coordinates a prevention team for substance misuse prevention, including coalition building, training, & maintain clearinghouse materials. She has a Bachelor's of Arts degree & she's a certified prevention consultant with the Arkansas Prevention Certification Board – affiliated nationally & internationally.



**Derrick Newby** is a certified prevention specialist with MidSOUTH Center for Prevention and Training at the University of Arkansas Little Rock. He has a small consulting company which specializes in project management, staff development, health education and counseling. For the past 20 years, Derrick has worked in the private and public sector, in fields affecting public health, family enrichment, community development and prevention. He is a proud veteran who served in the US Army. He graduated from the University of Arkansas Pine Bluff with a degree in Psychology in 1999. He graduated from the University of Arkansas Little Rock in 2004 with a Master Degree in Public Administration with a focus on non-profit management.



**Leronda Paige** is the Grant Implementation Coordinator for UALR MidSOUTH Baby and Me program. For several years she worked with Juveniles in the Criminal Justice field and volunteered at various organizations serving others. She graduated from the University of Arkansas at Pine Bluff with a degree in Criminal Justice in 1999. She graduated from Webster University, St. Louis 2005 with a Master's Degree in Public Administration.





**Dr. Lisa Perry** is the Director of Prevention Services at Crowley's Ridge Development Council. Dr. Perry supervises Prevention programs in Region 4 and Region 7, as well as Partnerships for Success grant programs and staff in Regions 3, 4 and 7. She also serves as a Regional Prevention Representative for Region 4. Dr. Perry is a Certified Prevention Specialist, holding undergraduate degrees in Mining Engineering Technology and Management. She also holds Master degrees in History and Heritage Studies, and a Ph.D. in Heritage Studies. Her record of service in public health dates back to the early 1990s, when she worked in HIV/AIDS prevention and awareness in Lexington, Kentucky.

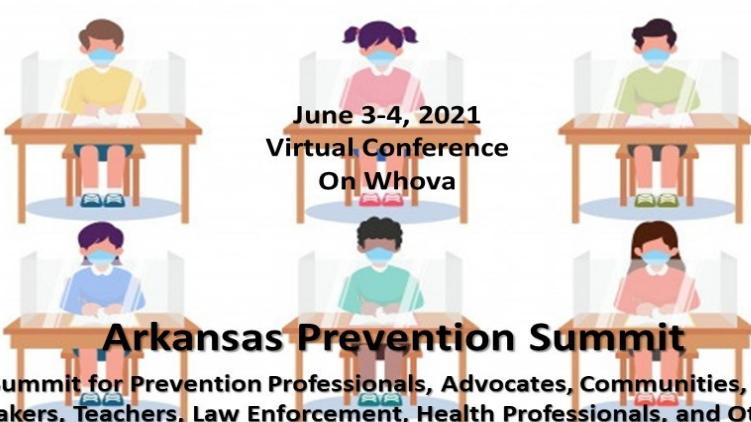


**Stacy Taylor**, from Crowley's Ridge Development Council (CRDC), is the Region 3 Regional Lead Representative (RLR) serving 10 counties in Northcentral Arkansas (Cleburne, Fulton, Independence, Izard, Jackson, Sharp, Stone, Van Buren, White & Woodruff). With a background in technology, she is a Certified Prevention Specialist (CPS) with 4 years' experience in Substance Abuse Prevention.



**Rodney Wambeam, Ph.D.** is a Senior Research Scientist at the Wyoming Survey & Analysis Center of the University of Wyoming. Dr. Wambeam was principle investigator of Wyoming's SIG and SPF SIG evaluations and is currently principle investigator of Wyoming's Prevention Block Grant and PFS evaluations as well as Oregon's SPF SIG evaluation. He is author of "The Community Needs Assessment Workbook" from Lyceum Books. In his free time, Rodney coaches short track speed skating, organizes Muggle Quidditch games, and acts in his son's movies.

Save the date!  
Prevention is the  
**NEW NORMAL**



June 3-4, 2021  
Virtual Conference  
On Whova

**Arkansas Prevention Summit**

A Summit for Prevention Professionals, Advocates, Communities, Policy Makers, Teachers, Law Enforcement, Health Professionals, and Others.

**Please check our website for upcoming workshops that may be added throughout the year.**

**To Register** you will need your email address and your Access Key Password to sign up for workshops. If you do not remember your password, click on the “Login” link and then click on “forgot my password” and it will prompt you to enter your email address. Go to your email and retrieve your password and then login to register. If you register for a workshop and find that you are unable to attend, please notify the MidSOUTH Center for Prevention and Training as soon as possible by calling or emailing Rohan Sharma or Jessica Simpson.

**MidSOUTH will issue continuing education certificates upon completion of the entire training. Participants must attend the entire training to receive credit. No partial credit is awarded.**

**Persons with disabilities:** UA Little Rock and MidSOUTH will accommodate participants with disabilities, pursuant to federal and state law. Any person with a disability who needs accommodations, please inform MidSOUTH prior to the event by calling (501) 569-3071 or faxing a request to (501) 569-3364.

**In the event of inclement weather, please call (501) 569-3071 or (501) 831-9380 to find out if a workshop has been canceled. You may call or email the contacts below with questions.**

**Rohan Sharma  
Phone (501) 569-3071  
Email: rxsharma@midsouth.ualr.edu**

**OR**

**Jessica Simpson  
Phone (501) 831-9380  
Email: jlsimpson@midsouth.ualr.edu**

**Looking for Continuing Education hours online?**  
The following online Substance Use/Misuse  
Continuing Education Classes  
have been added to the MidSOUTH website

**SUBSTANCE USE AND THE MILITARY**  
**ALCOHOL**  
**TOBACCO**  
**MARIJUANA AND OTHER DRUGS**  
**HEROIN, COCAINE AND OTHER DRUGS**  
**PRESCRIPTION DRUG MISUSE AND ABUSE**

**Training will include six modules with 2 CEUs for each module completed. Participants can earn up to 12 CEUs.**

These courses can be found at:  
<https://www.midsouth.ualr.edu/onlinesap/>



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**Register online at [www.midsouth.ualr.edu](http://www.midsouth.ualr.edu)**

OR

**Fax registration form to the attention of Rohan Sharma: (501) 569-3364**

OR

**Scan and email your registration form to: [rxsharma@midsouth.ualr.edu](mailto:rxsharma@midsouth.ualr.edu)**

OR

**Mail registration form to:**

UA Little Rock - MidSOUTH Center for Prevention and Training

2801 S. University Avenue, DSKN-622, Little Rock, AR 72204-1099

## **REGISTRATION FORM**

**Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Workshop Information:** Please write down the name of the workshop(s) you wish to attend.

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**Gender:**  Male  Female  Other  Prefer not to disclose

### **Race/Ethnicity**

African American  Hispanic or Latino  Prefer not to disclose

Asian  Non Hispanic or Latino

Caucasian

Native American

Pacific Islander

Prefer not to disclose



MidSOUTH CENTER FOR  
PREVENTION AND TRAINING



Division of Aging, Adult and  
Behavioral Health Services



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