

Spring 2019  
Prevention  
Training Schedule

## **February**

### **Grant Writing IV: Pulling It All Together**

**Code:** D19CE019

**Date:** February 25, 2019

**Time:** 9:00 a.m.-12:00 p.m.

**Region:** 4

**Trainer:** Lisa Perry, Ph.D.

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** Participants in this workshop are, ideally, coalition members planning to apply for Drug Free Communities or other prevention grant funding. They should have participated in at least two of the preceding Grant Writing series classes. Participants will learn key strategies for pulling together all the disparate parts of the grant planning process into a cohesive application. We will have previous grant recipients on hand to help prospective applicants with questions, problems, and guidance in getting applications prepared for submission during the latter part of the class.

### **DFC 2019: Changes, Next Steps and Application Review**

**Code:** D19CE020

**Date:** February 25, 2019

**Time:** 1:00 p.m.-4:00 p.m.

**Region:** 4

**Facilitator:** Lisa Perry, Ph.D.

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** In this workshop, participants will review changes in the 2019 Drug Free Communities grant application, identify strategies to address changes, and develop a plan to complete applications in preparation for submission. Current DFC grantees from Region 4 will be on-hand to assist and provide insights.

### **The Nurturing Parenting Programs® and Six Protective Factors: The Effectiveness of Theory, Research, and Practice for the Prevention and Treatment of Child Abuse and Neglect**

**Code:** D19CE021

**Date:** February 26, 2019

**Time:** 9:00 a.m.-12:00 p.m.

**Region:** 9

**Trainer:** Sharon Long, M.S.

**Location:** Plaza West Building, 415 N McKinley, Suite 900, Little Rock, AR 72205

**Description:** Participants will learn about the theory, research, and practice for programs that directly address the prevention and treatment of child abuse and neglect. Participants will also receive practical information on ways to incorporate the topic of protective factors into family services.

### **The Opioid Crisis and Other Drugs Associated with Infectious Disease**

**Code:** D19CE022

**Date:** February 26, 2019

**Time:** 1:00 p.m.-4:00 p.m.

**Region:** 9

**Facilitator:** Mike Cima, Ph.D.

**Location:** Plaza West Building, 415 N McKinley, Suite 900, Little Rock, AR 72205

**Description:** The speaker will provide an overview of the opioid epidemic from a national and Arkansas perspective. He will also discuss the consequences, other than overdoses, of the opioid epidemic. Participant's will receive information on ways to prepare for, respond to, and potentially prevent consequences of the opioid epidemic in Arkansas.

## **March**

### **Region 8 Substance Abuse Prevention Conference**

**Code:** D19CE023

**Date:** March 15, 2019

**Time:** 8:30 a.m.-1:30 p.m.

**Region:** 8

**Facilitator:** Katie Yamauchi

**Location:** CHI St. Vincent, 300 Werner St., Hot Springs, AR 71913 (Mercy Room)

**Description:** This conference is intended for the community. Katherine Donald, the executive director of Coalition for a Tobacco Free Arkansas will be the keynote speaker. The presentations will focus on E-Cigarettes, Tobacco prevention, and include a panel discussion. The presenters will address current practices being implemented by the tobacco industry and the impact on the youth.

### **Prevention Ethics**

**Code:** D19CE024

**Date:** March 25, 2019

**Time:** 9:00 a.m.-4:00 p.m.

**Region:** 4

**Trainers:** Lisa Perry PhD.

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** This course addresses the role and application of ethics in substance abuse prevention. Using cases and interactive activities, participants will explore the six standards in the Prevention Code of Ethics and learn to use a four step decision making process to assess, address, and evaluate a range of ethical issues.

### **Mental Health First Aid**

**Code:** D19CE025

**Date:** March 28, 2019

**Time:** 9:00 a.m.-3:00 p.m.

**Region:** 4

**Trainers:** Tabitha Fondren

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders in your community. Mental Health First Aid is a course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of mental illnesses and substance use disorders.

## April

### **NWA Drug Prevention Conference**

**Code:**

**Date:** April 9, 2019

**Time:** 9:00 a.m.-3:00 p.m.

**Facilitator:** Laurie Reh and Codi McCuiston

**Region:** 1

**Location:** Jones Center, 922 E. Emma Ave, Springdale, AR 72762

**Description:** The presentations at this conference will address ways to counteract current drug trends in the community and discuss how prevention tools can effectively be utilized to prevent the use and abuse of e-cigarettes, marijuana, alcohol, prescription drugs and methamphetamine. A presentation on Narcan as a resource will also be featured. The purpose of this conference is to increase awareness about substance use in Northwest Arkansas through keynote and panel presentations and to offer a venue for a wide range of prevention-related exhibits staffed by local, regional, and state agency representatives. The conference will be at no cost for attendees, with lunch provided.

To register for the conference, first pre-register at [www.midsouth.ualr.edu](http://www.midsouth.ualr.edu) then go to the NWA Education Service Cooperative website at <https://www.starfishnw.org/workshops/>. Directions to register are on the website. Click on the April Calendar for NWA Drug Prevention Conference.

## Trainers and Facilitators

**Melissa Ayers** is the Project Leader for a Partnership For Success Grant. She is the leader of the Out of the Dark Prevention squad in Craighead County. Her Squad members represent Valley View High School and Jonesboro High School and have been active in the Out of the Dark anti drug and alcohol school clubs for several years.

**Michael Cima, Ph.D., MPH** is currently a public health preparedness epidemiologist at the Arkansas Department of Health. Dr. Cima relocated to the Little Rock area in July 2017 from Morgantown, West Virginia, where he attended West Virginia University to study epidemiology.

**Katherine Donald** has served as the Executive Director for the Coalition for a Tobacco Free Arkansas for more than thirteen years. For the past thirty years, Katherine has worked professionally for both the private and public sector, in fields affecting adolescent development, family enrichment, public health, and community development. She is a certified trainer and consultant for a national organization that focuses on family enrichment and parental empowerment issues. She has conducted trainings and supervised programs from California to Massachusetts, and much of the Midwest. Katherine received her first degree from Philander Smith College and continued her education through graduate studies in Rehabilitation Education at the University of Arkansas at Little Rock.

**Tabitha Fondren** is the Prevention Coordinator for Harbor House, Inc. and is based out of Gateway Recovery Center. She has worked in the field of prevention for three years and is involved with numerous community coalitions and school prevention efforts. She has a background in substance abuse treatment and has worked in the field for the last eleven years. Tabitha is a Certified Alcohol and Drug Counselor, Certified Mental Health First Aid for Adolescent's Instructor, child passenger safety technician, and is in the process to become a certified prevention specialist.

**Sharon Long, M.S.**, is the Prevention Team Leader at UALR/MidSOUTH School of Social Work, Center for Prevention and Training. She has facilitated parenting programs and specialized behavioral health trainings since 1991 and brings extensive experience to the field of prevention. She is a certified trainer in Mental Health First Aid and Building Developmental Assets as well as a wide array of parenting curricula, including Nurturing Parenting Program, Active Parenting, Systematic Training for Effective Parenting, Parenting the Strong-Willed Child, and Strengthening Multi-Ethnic Families and Communities. Her passion is the implementation of programs that equip, support, and nurture families.

**Lisa Perry, Ph.D.** is Director of Prevention Services at Crowley's Ridge Development Council, a community action agency serving eastern Arkansas. She holds degrees in engineering, management, history, and heritage studies. Prior to working at CRDC, she managed a regional archival facility, taught college and university classes, and worked in both mechanical engineering and information technology positions. A native of West Virginia, she has lived in Arkansas for more than twenty years.

**Katie Priest** graduated Summa Cum Laude from the University of Arkansas Fort Smith with a Bachelor of Arts degree in Psychology. Upon graduation she accepted a position with Harbor House, Inc. as a recovery coach. In addition to her position as a recovery coach, Katie also serves as the Region 5 prevention assistant. Her passion has always centered around helping the youth in her local community. As a Regional Prevention Provider, Katie is able to impact young lives and promote healthy lifestyles.

**Laurie A. Reh, BS, M.Ed., CPC** of Fayetteville, AR has worked professionally in the prevention field for over 25 years in both New York and Arkansas. Reh is a Regional Prevention Representative with the Region 1 Regional Prevention Provider, based out of Northwest Arkansas. Laurie Reh has worked to support and develop a region-wide network of prevention partnerships in Region 1 between school districts, drug free community coalitions, and local communities. Reh brings many years of experience in networking, training, conference coordination, coalition development, and prevention program planning. Successful outcomes have resulted in passage of the Clean Indoor Air Ordinance for the city of Fayetteville for smoke-free indoor public places, comprehensive coalition efforts to establish region-wide prescription take-back events and permanent drop boxes, a trained workforce in Region 1 in the Strategic Prevention Framework, and communities securing prevention grant funding from local, state, and federal sources. Laurie Reh has served as past-president of the Arkansas Prevention Network (APNet) and is currently treasurer for APNet. Reh is a certified prevention consultant through the Arkansas Prevention Certification Board.

**Looking for Continuing Education hours online?**  
The Following Online Substance Use/Misuse  
Continuing Education Classes  
Are Available at the MidSOUTH Website

**SUBSTANCE USE AND THE MILITARY**

**ALCOHOL**

**TOBACCO**

**MARIJUANA AND OTHER DRUGS**

**HEROIN, COCAINE AND OTHER DRUGS**

**PRESCRIPTION DRUG MISUSE AND ABUSE**

**Training will include six modules with 2 CEUs for each module completed.  
Participants can earn up to 12 CEUs.**

**These courses can be found at:**

**<https://www.midsouth.ualr.edu/onlinesap/>**

**Note: You will have to create an account to complete these courses.**

**Register online at [www.midsouth.ualr.edu](http://www.midsouth.ualr.edu)**

OR

Fax registration forms to Derrick Newby: (501) 569-3364 or scan and email your registration to:

[dnewby@midsouth.ualr.edu](mailto:dnewby@midsouth.ualr.edu)

Mail registration form to:

University of Arkansas at Little Rock

MidSOUTH Center for Prevention and Training

2801 S. University Avenue, DSKN-620

Little Rock, AR 72204-1099

## REGISTRATION FORM

**Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Workshop Information:** Please write down the name of the workshop(s) you wish to attend.

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\_\_\_\_\_  
\_\_\_\_\_

**Gender:**     Male     Female     Prefer not to disclose

**Race**

African American

Asian

Caucasian

Native American

Pacific Islander

Prefer not to disclose

**Ethnicity**

Hispanic or Latino

Non Hispanic or Latino

Prefer not to disclose

**Date of Birth**

\_\_\_/\_\_\_/\_\_\_\_

Prefer not to disclose



**\*\*PLEASE NOTE\*\***

Please check our website for upcoming workshops that may be added throughout the year.

To Register you will need your email address and your Access Key Password to sign up for workshops. If you do not remember your password, click on the "Login" link and then click on "forgot my password" and it will prompt you to enter your email address. Go to your email and retrieve your password and then login to register. If you register for a workshop and find that you are unable to attend, please notify the MidSOUTH Center for Prevention and Training as soon as possible.

MidSOUTH will issue continuing education certificates upon completion of the entire training. Participants must attend the entire training to receive credit. No partial credit is awarded.

**Persons with disabilities:** UA Little Rock and MidSOUTH will accommodate participants with disabilities, pursuant to federal and state law. Any person with a disability who needs accommodations, should inform MidSOUTH prior to the event by calling (501)569-3071 or faxing a request to (501)569-3364.

**In the event of inclement weather, please call (501) 569-3071 to find out if a workshop has been canceled.**

For additional information, please contact Derrick Newby at (501) 859-0362 or [dnewby@midsouth.ualr.edu](mailto:dnewby@midsouth.ualr.edu)

