

Fall 2018  
Prevention  
Training Schedule

## September

### **DFC Grant Application Workshop**

**Code:** D19CE004

**Date:** September 17, 2018

**Time:** 9:00 a.m.-4:00 p.m.

**Region:** 4

**Trainer:** Lisa Perry, PhD, CPC

**Location:** MidSOUTH Jonesboro - Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** This workshop will prepare coalitions and attendees to apply for the DFC grants next year. The DFC Support Program was created by the Drug-Free Communities Act of 1997 (Public Law 105-20). Eligible applicants are community-based coalitions addressing youth substance use that have never received a DFC grant. During the workshop the facilitator will review of grant requirements; Review of basics of grant writing (if needed); Review of current status of your organization's readiness to apply for funding; Develop plans to address needs or gaps in readiness; Develop a task list and help the attendee's assign responsibilities for completing the application process; and discuss other funding opportunities.

## October

### **Drug Task Force Workshop on Prevention of Opioid Deaths**

**Code:** D19CE008

**Date:** October 10, 2018

**Time:** 9:30 a.m.-3:00 p.m.

**Region:** 6

**Facilitator:** Amy Mellick

**Location:** Lake Point Conference Center, 171 Lake Point Ln, Russellville, AR 72802

**Description:** This workshop will include information and insight on current drug trends with a focus on Prescription Drug Abuse, as well as education for participants on legislation passed to prevent Opioid Overdoses. The goal of the Task Force is to collaborate and identify regional risk and protective factors supported by data from the Arkansas Prevention Needs Assessment (APNA) Survey as well as identifying substance abuse trends within the region. The Task Force will assist in planning, implementing, and sustaining effective efforts to prevent alcohol, tobacco, and other drug use and abuse and improve the overall behavioral health of the region.

### **Cultural Competency Workshop (Livestream)**

**Code:** T19CE008

**Date:** October 24, 2018

**Time:** 9:00 a.m.-12:00 p.m.

**Region:** 9

**Trainer:** Derrick Newby

**Location:** Livestream

**Description:** The training provides an introduction to Cultural Competency strategies that consider culture in all aspects of the Strategic Prevention Framework (SPF). Participants understand the (SPF) framework and rationale of being culturally competent in coalition building and program management: use of techniques and to effectively assess community strengths and cultural factors that will help to link with appropriate community resources. Participants engage in practical learning by application of skills and techniques and experience a culturally competent training approach that models strategies to identify and build on cultural assets, as well as for individual and agency action plans.

## October

### **Seven Strategies for Community Change**

**Code:** D19CE014

**Date:** October 29, 2018

**Time:** 9:00 a.m.-12:00 p.m.

**Region:** 4

**Trainers:** Lisa Perry and Melissa Ayers

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** This class will inform participants about the seven strategies, how and why they are used to effect community change, and how to identify appropriate strategies for local coalitions.

### **Grant Writing I: Logic Models and Developing a Coalition Action Plan**

**Code:** D19CE015

**Date:** October 29, 2018

**Time:** 1:00 p.m.-4:00 p.m.

**Region:** 4

**Trainers:** Lisa Perry and Alison Oglesby

**Location:** MidSOUTH Jonesboro-Training Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** Participants in this class will learn to identify available data, identify community substance use and related problems, and develop strategies to address those problems. This may include addressing underlying community challenges that affect the severity or breadth of problems, including community attitudes, access, and policy challenges. They should have a functional logic model and action plan completed by the end of the class.

## November

### **Substance Abuse Prevention Skills Training (SAPST) (Invitation Only)**

**Code:** D19CE009

**Date:** November 5-7, 2018

**Time:** 9:00 a.m.-5:00 p.m.

**Region:** 9

**Trainers:** Darla Kelsay, Steve McElroy, Annette Sharp, Shannon Cook, Derrick Newby, Katie Priest, Tanishia Lewis, Kendon Gray, Tiffani McAdoo and Genine Perez

**Location:** MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, AR 72205

**Description:** This training is intended for Substance Abuse Prevention Specialists who have been in the field 0-5 years; Substance Abuse Prevention Managers and Supervisors. Registration is by invitation only.

Developed by the Substance Abuse and Mental Health Services Administration's Center for the Application of Prevention Technologies (CAPT) to prepare prevention professionals for work in their community in a proven effective way, SAPST will walk participants through the Strategic Prevention/Planning Framework.

SAPST is a highly interactive, 3-day face-to-face workshop, in addition to a several hour online component that MUST be completed prior to the face-to-face workshop. It is required that you bring your certificate of completion for the online portion to the face-to-face training in order to participate. Participants are required to attend the training from beginning to end, so please be mindful of your ability to be in attendance for the full training before you register. (A link for the online training will be provided prior to training dates for those registered.)

## **November**

### **Region 12 Prevention Workshop: Addressing Drug Abuse in the Community**

**Code:** D19CE010

**Date:** November 15, 2018

**Time:** 9:00 a.m.-3:00 p.m.

**Trainers:** Richard Davies, Dr. Cheryl Golden, Tanishia Lewis, and Derrick Newby

**Region:** 12

**Location:** 4701 Dollarway Road, Pine Bluff, AR 71602

**Description:** The Jefferson County Drug Prevention Task Force has partnered with the City of Pine Bluff and the University of Arkansas Pine Bluff to address drug abuse in the community. Drug overdose is now the leading cause of injury death in the United States. Opioid analgesics, such as prescription painkillers, account for approximately eighty percent (80%) of those deaths. Drug overdose rates have increased. The presentations at this workshop will address ways to counteract the current drug trends in the community and discuss how prevention tools can be utilized to reduce the number of deaths related to opioid abuse and other drugs. We will also address and explore the six principles of the Prevention Code of Ethics; a four-step decision-making process, designed to help practitioners navigate the ethical dilemmas they face.

### **Grant Writing II: Writing a Compelling Community Narrative**

**Code:** D19CE016

**Date:** November 19, 2018

**Time:** 9:00 a.m.-12:00 p.m.

**Trainers:** Lisa Perry

**Region:** 4

**Location:** MidSOUTH Training Academy Jonesboro, Room 2, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** When the rules are followed, budgets designed, and criteria met, it is the storytelling that gets grants funded. In this class, focusing on the Drug Free Communities grant, participants will learn about the craft of storytelling with intent, the basic guidelines for developing a compelling narrative, and how to weave data into a story that makes funders care about their communities as much as they do.

### **Grant Writing III: Developing a Grant Budget**

**Code:** D19CE017

**Date:** November 19, 2018

**Time:** 1:00 p.m.-4:00 p.m.

**Trainer:** Lisa Perry

**Region:** 4

**Location:** MidSOUTH Training Academy Jonesboro, 2102 Fowler Avenue, Jonesboro, AR 72401

**Description:** Funding is critical to influencing environmental conditions and instigating community change. It can come from donations and fund raising efforts, but grants can be essential to driving large-scale change. In this class, which focuses on Drug Free Communities grants, participants will learn to evaluate grant criteria, evaluate whether expenses can be included, identify sources and values of match dollars, and create a basic budget.

## **December**

### **Fetal Alcohol Syndrome Disorder**

**Code:** D19CE011

**Date:** December 5, 2018

**Time:** 9:00 a.m.-12:00 p.m.

**Trainer:** David Deere

**Region:** 9

**Location:** MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205

**Description:** Fetal Alcohol Spectrum Disorders (FASD) includes Fetal Alcohol Syndrome and other alcohol related birth disorders. FASD is the leading cause of intellectual deficit in the United States. It is often associated with mental illness and other secondary disabilities. Effects are permanent, yet early recognition and intervention can make a tremendous positive difference in life-outcomes for affected individuals and families. This course is a universal introductory training to FASD. Because traditional interventions and therapies often don't work well with children with FASD, this session will identify sensory, communication, learning and other differences that occur with this brain disorder. It will provide some effective intervention strategies that build on child and family strengths and highlight the importance of prevention secondary disabilities.

### **The Opioid Crisis and Other Drugs associated with Infectious Disease**

**Code:** D19CE012

**Date:** December 5, 2018

**Time:** 1:00 p.m.-4:00 p.m.

**Trainer:** Mike Cima, PhD MPH

**Region:** 9

**Location:** MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205

**Description:** The speaker will provide an overview of the opioid epidemic from a national and Arkansas perspective. He will also discuss the consequences, other than overdoses, of the opioid epidemic. Participant's will receive information on ways to prepare for, respond to, and potentially prevent consequences of the opioid epidemic in Arkansas.

## **January**

### **Prevention Empowerment Training**

**Code:** D19CE013

**Date:** January 16, 2018

**Time:** 9:00 a.m.—3:00 p.m.

**Trainer:** Kendon Gray

**Region:** 7

**Location:** Marianna Civic Center, 593 State Hwy 243, Marianna, AR 72360

**Description:** This session will provide a detailed overview of the Strategic Prevention Framework (SPF) as an evidence-based model for prevention. This SAMHSA model will be described as well as its effectiveness in creating environmental change in your community. This discussion will include opportunities for interaction and skill building.

## Trainers

**Melissa Ayers** is the Project Leader for a Partnership For Success Grant. She is the leader of the Out of the Dark Prevention squad in Craighead County. Her Squad members represent Valley View High School and Jonesboro High School and have been active in the Out of the Dark anti drug and alcohol school clubs for several years.

**Michael Cima, PhD, MPH** is currently a public health preparedness epidemiologist at the Arkansas Department of Health. Dr. Cima relocated to the Little Rock area in July 2017 from Morgantown, West Virginia, where he attended West Virginia University to study epidemiology.

**Richard Davies**, a certified law enforcement instructor, continues to train officers, teachers, and school administrators all over the country to better prepare them to be more effective working with the School Resource Officer programs in the public school system. He specializes in awareness, intervention, and prevention programs involving juvenile crime, gangs, drugs, and other law related education programs. A graduate of Northwestern University's School of Police Staff and Command, and with more than 3,200 hours of training, Richard holds a Senior Certificate (law enforcement highest certificate level). He was a nationally recognized School Resource Officer before being promoted to Sergeant and Supervisor of the cities' Law Related Education and Community/Public Relations Programs. He also served as President of the Arkansas Safe Schools Association.

**Cheryl Jackson-Golden PhD** is currently employed at the University of Arkansas at Pine Bluff as an Assistant Professor in the Addiction Studies Program. She is a Prevention Specialist and she was previously employed as the Department Chair at Arkansas Baptist College. At Arkansas Baptist College she helped changed the culture of campus in relation to Student Health by successfully bringing federally funded mental health awareness programs to campus and by training the students to be peer educators and mental health first responders. In her home town of Pine Bluff she worked tirelessly in the community as the Prevention Resource Coordinator in Region 12 for many years. She teaches periodically at the College of the Ouachitas in Malvern and the University of Phoenix. She is CEO of Golden & Associates Consulting, where she has worked in the private and public sector, in fields affecting public health, family enrichment, community development, and prevention; including Workforce Development.

**Kendon L. Gray Sr.** a Certified Prevention Specialist, has been a Regional Prevention Representative with Crowley's Ridge Development Council since 2006. Prior to starting his career in prevention, Kendon spent several years working in local government as the Mayor's Assistant in his hometown of Marianna; he also held the position of Program Coordinator for two youth serving programs. Passionate about prevention and its possibilities, Kendon takes every opportunity to raise awareness, educate, empower communities and preach the Power of Prevention.

**Darla Kelsay** is the Substance Abuse Prevention Coordinator for UA Little Rock/MidSOUTH Center for Prevention and Training. She worked as a Regional Prevention Provider for six years, educating and organizing communities in five counties to prevent and reduce substance abuse among youth and adults. A Certified Prevention Consultant, she serves on the board of the Arkansas Prevention Network and holds a Bachelor's Degree in Journalism from Ball State University.

**Tanishia Lewis** is a 2006 graduate of the University of Arkansas at Pine Bluff with a Bachelor of Science Degree in Business Administration. She currently works part time as a Regional Prevention Provider Assistant and as the Administrative Director of Residential and Emergency Shelter programs for foster children with Community Empowerment Council, Inc. She is passionate about helping youth and is pleased to be able to assist in impacting young lives and promoting healthy lifestyles.

**Steve McElroy** is a Certified Prevention Specialist. He works as a Prevention Project Officer at UA Little Rock, MidSOUTH. Steve supports regional prevention providers in the state of Arkansas. He holds degrees from Arkansas Tech and Webster University. Prior to this position he worked at the Arkansas Department of Health, Child and Adolescent Health Program.

**Tiffani McAdoo** is a Certified Prevention Specialist that recently oversaw the Strategic Prevention Framework Partnership for Success grant at UA Little Rock MidSOUTH. She is a full-time student at UA Little Rock and a member of the Arkansas Prevention Certification Board. She has a wealth of prevention knowledge on the community and state level and is certified to train Prevention Ethics and Substance Abuse Prevention Skills Training.

**Derrick Newby** is the Prevention Specialist at UA Little Rock/MidSOUTH Center for Prevention and Training. For the past twenty years, Derrick has worked in the private and public sector, in fields affecting public health, family enrichment, community development, and prevention. He graduated from the University of Arkansas at Pine Bluff with a degree in Psychology in 1999. He graduated from the University of Arkansas at Little Rock in 2004 with a Master Degree in Public Administration. In 2010 he earned his certification in grant writing from Fort Hays State University. He served as vice-chairman on the Communities Against Drugs Coalition in Pine Bluff Arkansas for two years and currently serves as the chairman for the CARES Mentoring program in Pine Bluff. He is a certified cultural competency trainer and a certified suicide prevention counselor.

**Alison Oglesby-Johnson** is a 2007 graduate of Arkansas State University with a degree in Social Work. She is a certified prevention specialist and a certified drug and alcohol counselor. Currently she is the Project Coordinator of the Drug Free Communities Grant for the Alcohol, Tobacco, and Other Drugs Coalition of Lawrence County. She has worked in the field of prevention for over eleven years and is a member of the Prevention Certification Board as well as a board member of the Arkansas Prevention Network (APNet).

**Gennine LaTrice Perez** devotes herself altruistically to serving her community as well as the state of Arkansas. A prolific educator, motivational speaker, entrepreneur, leader, and visionary. Perez has committed her life to empowering people to thrive even if the environment dictates otherwise. She works as a prevention specialist for the Region Nine Regional Provider at the Family Service Agency, a proud matriculate of the University of Arkansas at Little Rock where she received a Bachelor of Liberal Arts Degree and a Masters of Arts Degree in Professional and Technical Writing. Miss Perez is an adjunct composition and business-writing instructor at the University of Arkansas at Little Rock.

**Lisa Perry, Ph.D.** is Director of Prevention Services at Crowley's Ridge Development Council, a community action agency serving eastern Arkansas. She holds degrees in engineering, management, history, and heritage studies. Prior to working at CRDC, she managed a regional archival facility, taught college and university classes, and worked in both mechanical engineering and information technology positions. A native of West Virginia, she has lived in Arkansas for more than twenty years.

**Katie Priest** graduated Summa Cum Laude from the University of Arkansas Fort Smith with a Bachelor of Arts degree in Psychology. Upon graduation she accepted a position with Harbor House, Inc. as a recovery coach. In addition to her position as a recovery coach, Katie also serves as the Region 5 prevention assistant. Her passion has always centered around helping the youth in her local community. As a Regional Prevention Provider, Katie is able to impact young lives and promote healthy lifestyles.

**Annette Sharp** is a native of Texarkana, TX. She obtained a Bachelor of Applied Arts and Sciences degree in 2005, with an emphasis in Behavioral Science from Texas A&M. From 2006 to 2012, she worked in mental health as an outreach worker for the Katrina Recovery Project. She became a Counselor in Training for Southwest AR Community Corrections in 2014 before going to work as the Regional Prevention Provider for Harbor House, Inc., where she completed her certification for Alcohol/Drug Counselor in Arkansas. She is the current Regional Prevention Provider for region 11.

**Looking for Continuing Education hours online?**  
The Following Online Substance Use/Misuse  
Continuing Education Classes  
Have Been Added to the MidSOUTH Website

**SUBSTANCE USE AND THE MILITARY**

**ALCOHOL**

**TOBACCO**

**MARIJUANA AND OTHER DRUGS**

**HEROIN, COCAINE AND OTHER DRUGS**

**PRESCRIPTION DRUG MISUSE AND ABUSE**

**Training will include six modules with 2 CEUs for each module completed.  
Participants can earn up to 12 CEUs.**

**These courses can be found at:**

**<https://www.midsouth.ualr.edu/onlinesap/>**

**Note: You will have to create an account to complete these courses.**



**Register online at [www.midsouth.ualr.edu](http://www.midsouth.ualr.edu)**

OR

Fax registration forms to Derrick Newby: (501) 569-3364 or scan and email your registration to:

[dnewby@midsouth.ualr.edu](mailto:dnewby@midsouth.ualr.edu)

Mail registration form to:

University of Arkansas at Little Rock

MidSOUTH Center for Prevention and Training

2801 S. University Avenue, DSKN-620

Little Rock, AR 72204-1099

## REGISTRATION FORM

**Name:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_ **Work Phone:** \_\_\_\_\_

**Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Workshop Information:** Please write down the name of the workshop(s) you wish to attend.

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\_\_\_\_\_  
\_\_\_\_\_

**Gender:**     Male     Female     Prefer not to disclose

**Race**

African American

Asian

Caucasian

Native American

Pacific Islander

Prefer not to disclose

**Ethnicity**

Hispanic or Latino

Non Hispanic or Latino

Prefer not to disclose

**Date of Birth**

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Prefer not to disclose

# Cultural Competency

## Free Live Online Training



Wednesday, October 24, 9:00 a.m. - 12:00 p.m.

### 3 continuing education hours

This training provides an introduction to strategies that consider culture in all aspects of working with clients. It recognizes in participants and clients the fundamental role of "culture" in seeking inherent strengths and capacities, understanding attitudes and beliefs about cultural identities, establishing a practice of honoring culture, and exposing cultural barriers that may exist.

**Derrick Newby, CPS, MPA:** Derrick Newby is a Prevention Specialist at UA Little Rock MidSOUTH Center for Prevention and Training. For the past 20 years, Derrick has worked in the private and public sector in fields affecting public health, family enrichment, community development, and prevention. He is a certified cultural competency trainer and a certified suicide prevention counselor.

#### **The workshop will be viewed over the internet with the capacity to ask questions in real time.**

**How do I register for this workshop?** Go to [www.midsouth.ualr.edu](http://www.midsouth.ualr.edu). Click on the **CLASS REGISTRATION** tab at the top right of the page. Click on **Course Calendar by Date** and October to find the workshop. Proceed to registration.

**Accessing this workshop:** An email will be sent to each participant detailing how to sign in for the workshop and view online. This will be sent a week before the workshop.

[MidSOUTH Website](http://www.midsouth.ualr.edu)

Questions? Contact Charlotte Besch at [cabesch@midsouth.ualr.edu](mailto:cabesch@midsouth.ualr.edu)



**\*\*PLEASE NOTE\*\***

Please check our website for upcoming workshops that may be added throughout the year.

To Register you will need your email address and your Access Key Password to sign up for workshops. If you do not remember your password, click on the "Login" link and then click on "forgot my password" and it will prompt you to enter your email address. Go to your email and retrieve your password and then login to register. If you register for a workshop and find that you are unable to attend, please notify the MidSOUTH Center for Prevention and Training as soon as possible.

MidSOUTH will issue continuing education certificates upon completion of the entire training. Participants must attend the entire training to receive credit. No partial credit is awarded.

**Persons with disabilities:** UA Little Rock and MidSOUTH will accommodate participants with disabilities, pursuant to federal and state law. Any person with a disability who needs accommodations, should inform MidSOUTH prior to the event by calling (501)569-3071 or faxing a request to (501)569-3364.

**In the event of inclement weather, please call (501) 569-3071 to find out if a workshop has been canceled.**

For additional information, please contact Derrick Newby at (501) 859-0362 or [dnewby@midsouth.ualr.edu](mailto:dnewby@midsouth.ualr.edu)

