

2022 MidSOUTH Conference  
May 18-20, 2022

Wednesday, May 18



**9:00 a.m.-4:00 p.m. (Lunch 12:00-1:00 p.m.)**

**Don't Wait for a Breakdown to Call a Wrecker: Ethics Visited with Don Streit, LCSW**

Don Streit has been working in the field of counseling for over 40 years. He has worked in child welfare, social work training, and private practice. His training areas are ethics, counseling techniques, crisis counseling, dream work, grief, and much more.

Thursday, May 19



**8:30 a.m.-9:00 a.m.**

**Welcome and What's Going on in Arkansas with Debra Motley-Bledsoe, Director, Substance Abuse Services, DAABHS**



**9:00 a.m.-10:30 a.m.**

**Opioids: Emerging Trends and Treatment with Stephanie Rose, DSW, LCSW, AADC, Health Sciences, University of Central Arkansas**

Dr. Stephanie Rose is an Assistant Professor in the Department of Health Sciences, Addiction Studies Program, at the University of Central Arkansas. She graduated from Capella University in Minneapolis, Minnesota with her Doctor of Social Work with an emphasis in addiction. Dr. Rose is a Licensed Certified Social Worker, Certified Advanced Alcohol and Drug Counselor, as well as, a Drug and Alcohol Clinical Supervisor. Dr. Rose is a member of the Arkansas Collegiate Network and served on the National Association of Social Work Board in several positions, including President. Dr. Rose continues to practice as a mental health professional with a focus on co-occurring disorders. Dr. Rose teaches both undergraduate and graduate students in the field of addiction.

**10:30 a.m.-12:00 p.m.**

**Eating Disorder Treatment with Tish Jenkins, LCSW, AADC, Health Sciences, University of Central Arkansas**

Tish Jenkins is an adjunct instructor for the Department of Health Sciences at the University of Central Arkansas. She has been practicing for over 12 years working in the areas of Attention-Deficit/Hyperactivity Disorder and Persistent Depressive Disorder, in addition to other conditions.

**12:00 p.m.-1:00 p.m.—Lunch**



**1:00 p.m.-2:30 p.m.**

**From Trauma to Treatment: Addressing Untreated Trauma with Tonja Myles, CPS**

Tonja Myles is an ordained minister, author, community activist, peer counselor, veteran, and subject matter expert in mental health. She promotes mental health awareness and rehabilitation with sharing her life experience being in recovery from addiction for over 36 years, suicide survivor, victim of childhood and adult sexual abuse and diagnosis of PTSD. She is trained in mental health first aid. Her role of a Certified Peer Recovery Specialist has emerged from reconnecting substance use and mental health treatment to the provision of ongoing supports in recovery.



**2:30 p.m.-4:00 p.m.**

**Race and Behavioral Health with Tonja Myles, CPS**

Tonja Myles is an ordained minister, author, community activist, peer counselor, veteran, and subject matter expert in mental health. She promotes mental health awareness and rehabilitation with sharing her life experience being in recovery from addiction for over 36 years, suicide survivor, victim of childhood and adult sexual abuse and diagnosis of PTSD. She is trained in mental health first aid. Her role of a Certified Peer Recovery Specialist has emerged from reconnecting substance use and mental health treatment to the provision of ongoing supports in recovery.

**Friday, May 20**



**9:00 a.m.-10:30 a.m.**

**Substance Abuse: The Cycles of Addiction: The Hard Truth of Family History with Susie Reese, CPS**

Reece, also known as the Southern Fried Asian (because of her experience growing up as a Korean-American in Arkansas), is no stranger to the desperate need for suicide prevention, having suffered multiple significant traumas in her early childhood and later fighting major depression throughout her formative and adult years.

She is a powerfully engaging story teller who conveys passion by drawing from her own tragic and rewarding experiences. Reece deftly blends humor, education, and enthralling stories in a unique and memorable manner to compel any audience to become advocates and leaders for social change. She uses hard learned lessons to empower audiences to overcome life's obstacles.

She is a staunch mental health activist who is not afraid to tackle a difficult issue head on. She holds multiple roles as well as volunteer positions that allow her to champion grassroots efforts geared toward improving mental health awareness and access. Most recently, Reece was added as an inaugural member of the newly formed Suicide Prevention Resource Center's Lived Experience Advisory Committee.

**10:30 a.m.-12:00 p.m.**

**Adverse Childhood Experiences Revisited: Changing Insights with Susie Reese, CPS**

**12:00 p.m.-1:00 p.m.—Lunch**

**1:00 p.m.-2:30 p.m.**

**Suicide Prevention in the Day of Distancing: How Youth Have Been Impacted and How We Can Help Them Adapt with Susie Reese, CPS**

**2:30 p.m.-4:00 p.m.**

**Pressing Play After the (Not so Great) Pausedemic with Susie Reese, CPS**