Fall 2017
Prevention
Training Schedule
September

**Sustainability and Cultural Competency**
*Date:* Thursday, September 7, 2017    *Time:* 9:00 a.m.-12:00 p.m.
*Trainers:* Darla Kelsay and Derrick Newby
*Location:* Durand Center, Center Campus, 303 North Main Street, Harrison, AR 72601
*Description:* This presentation will address the sustainability and cultural competency components of SAMHSA’s Strategic Prevention Framework (SPF).

**Fetal Alcohol Syndrome Disorder**
*Date:* Thursday, September 7, 2017    *Time:* 1:00 p.m.-4:00 p.m.
*Trainer:* David Deere, M.S.W., M.Th.
*Location:* Durand Center, Center Campus, 303 North Main Street, Harrison, AR 72601
*Description:* Fetal Alcohol Spectrum Disorders (FASD) include Fetal Alcohol Syndrome and other alcohol-related birth disorders. FASD is the leading cause of intellectual deficit in the United States. It is often associated with mental illness and other secondary disabilities. Effects are permanent, yet early recognition and intervention can make a tremendous positive difference in life-outcomes for affected individuals and families. This course is a universal introductory training to FASD.

**Prevention Certification Exam Prep Course**
*Date:* Wednesday, September 20, 2017    *Time:* 9:00 a.m.-12:00 p.m.
*Trainer:* Margaret Morrison
*Location:* Citizens Bank Annex, 285 E College Street, Batesville, AR 72501
*Description:* Participants will learn how the IC and RC Prevention Certification test is designed. Candidates will also learn the application process and the requirements. The course is to help participants identify the resources and material they need to focus on in preparation for the Prevention Certification exam. Participants can leave with a study plan and a network of other candidates for potential study partners.

**Opioid Overdose Prevention Strategies**
*Date:* Wednesday, September 20, 2017    *Time:* 1:00 p.m.-4:00 p.m.
*Trainer:* Arkansas Center for Health Improvement (ACHI)
*Location:* Citizens Bank Annex, 285 E College St, Batesville, AR 72501
*Description:* In this workshop participants will learn how Naloxone does and does not work. The trainer will demonstrate how Naloxone access can protect law enforcement officers as well as the public. Tools and resources for future needs regarding Naloxone will be provided.
October

The Rise of Electronic Cigarette Use in the U.S.
Date: Thursday, October 5, 2017
Time: 9:00 a.m.-12:00 p.m.
Trainer: Katherine Donald
Location: Washington County Health Department, 3270 North Wimberly Drive, Fayetteville, AR 72703
Description: E-cigarette use among U.S. youth and young adults is now a major public health concern. E-cigarette use has increased considerably in recent years, growing an astounding 900% among high school students from 2011 to 2015. In this workshop the speaker will highlight what we know and do not know about e-cigarettes. The workshop will address the gaps in scientific evidence which exist with these products and their patterns of use which continue to change quickly.

A Forum on Opioid Addiction Prevention
Date: Thursday, October 5, 2017
Time: 1:00 p.m.-4:00 p.m.
Trainer: Arkansas Center for Health Improvement (ACHI)
Location: Washington County Health Department, 3270 North Wimberly Drive, Fayetteville, AR 72703
Description: Drug overdose is now the leading cause of injury death in the United States. Opioid analgesics, such as prescription painkillers, account for approximately eighty percent (80%) of those deaths. Overdose rates have increased five-fold since 1990. This presentation will address ways to counteract the current trend and discuss how prevention tools can be utilized to reduce the number of deaths related to opioid abuse.

Fetal Alcohol Syndrome Disorder
Date: Thursday, October 19, 2017
Time: 9:00 a.m.-12:00 p.m.
Trainer: David Deere, M.S.W., M.Th.
Location: Change Point, 201 Nickels Street, Hot Springs, AR 71901
Description: Fetal Alcohol Spectrum Disorders (FASD) include Fetal Alcohol Syndrome and other alcohol-related birth disorders. FASD is the leading cause of intellectual deficit in the United States. It is often associated with mental illness and other secondary disabilities. Effects are permanent, yet early recognition and intervention can make a tremendous positive difference in life-outcomes for affected individuals and families. This course is a universal introductory training to FASD.

Drugs—Where We Have Been and Where We Are Going?
Date: Thursday, October 19, 2017
Time: 1:00 p.m.-4:00 p.m.
Trainer: Richard Davies
Location: Change Point, 201 Nickels Street, Hot Springs, AR 71901
Description: The drug culture is constantly changing. Our “permissive, feel good now” society has led to an abundance and availability of a wide variety of new and more powerful drugs. These drugs are having serious and negative effects on our communities. This course is designed to help officers, school personnel, parents, social workers, and others explore some of the myths, realities, laws, and policies regarding these "trending" drugs.
November

Overview and Best Practices of the Strategic Prevention Framework (SPF)
Date: Thursday, November 2, 2017  
Time: 9:00 a.m.—12:00 p.m.
Trainer: Hayse Miller
Location: MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205
Description: This session will provide a detailed overview of the Strategic Prevention Framework (SPF) as an evidence-based model for prevention. This SAMHSA model will be described as well as its effectiveness in creating environmental change in your community. This discussion will include opportunities for interaction and collaboration.

Drug Awareness
Date: Thursday, November 2, 2017  
Time: 1:00 p.m.—4:00 p.m.
Trainer: Richard Davies
Location: MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205
Description: The drug culture is constantly changing. This course is designed to help officers, school personnel, parents, social workers, and others explore some of the myths, realities, laws and policies regarding these "trending" drugs.

Alcohol and Drug Effects on the Human Brain
Date: Tuesday, November 7, 2017  
Time: 9:00 a.m.-10:30 a.m.
Trainer: Julie Stevens
Location: Knights of Columbus Building, 4701 Dollarway Road, Pine Bluff, AR 71602
Description: This workshop examines the basic structure and function of the human brain. It will address how alcohol, stimulants, opioids, hallucinogens, and marijuana intoxicate the brain, affect the brain long-term, and the behavioral correlates of these different drugs.

Marijuana Effects on the Human Body
Date: Tuesday, November 7, 2017  
Time: 10:40 a.m.-12:10 p.m.
Trainer: Julie Stevens
Location: Knights of Columbus Building, 4701 Dollarway Road, Pine Bluff, AR 71602
Description: Distinguishing fact from myth about marijuana is an ongoing dilemma. Even after over 50 years of research on the drug, there are still many unanswered questions. This workshop discusses the physical, psychological, and psychiatric effects of the drug, as well as cannabis dependence and cannabis use disorder as defined by the American Psychiatric Association.

Strategic Prevention Framework (SPF)
Date: Tuesday, November 7, 2017  
Time: 1:30 p.m.-4:30 p.m.
Trainer: Julie Stevens
Location: Knights of Columbus Building, 4701 Dollarway Road, Pine Bluff, AR 71602
Description: The Strategic Prevention Framework (SPF) uses a five-step process known to promote youth development, reduce risk-taking behaviors, build assets and resilience, and prevent problem behaviors across the life span. The Strategic Prevention Framework is built on a community-based risk and protective factors approach to prevention and a series of guiding principles that can be utilized at the federal, state/tribal, and community levels.
Changing Community Conditions Through Public Policy
Date: Wednesday, November 8, 2017  Time: 9:00 a.m.-12:00 p.m.
Trainer: Julie Stevens
Location: MidSOUTH, 906 Highway 425 North, Suite B, Monticello, AR  71655
Description: This workshop will discuss the tasks associated with advocating for effective public policy and environmental change and resources for study. Learning objectives include: becoming familiar with resources, training, and consultation that promote environmental change and learning how to use media strategies to support policy change efforts in the community.

Tobacco Awareness and Prevention
Date: Wednesday, November 8, 2017  Time: 1:00 p.m.—4:00 p.m.
Trainer: Katherine Donald
Location: MidSOUTH, 906 Highway 425 North, Suite B, Monticello, AR  71655
Description: This workshop will provide attendees useful research to support their tobacco prevention efforts. This workshop will help participants understand the adverse health and economic impact of smoking and secondhand exposure, as well as combat the epidemic at the local and state level by utilizing tobacco control best practices.

December

Effective Presentation Skills: Keeping Your Audience Involved
Date: Friday, December 1, 2017  Time: 9:00 a.m.-12:00 p.m.
Trainer: Cindy Stokes
Location: MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205
Description: In this workshop, participants will learn the difference between facilitating, presenting, and training. Discussions and hands-on activities will give participants a chance to identify learning and training styles, motivation techniques, and the importance of processing. This will be an interactive training.

Building Developmental Assets
Date: Friday, December 1, 2017  Time: 1:00 p.m.-4:00 p.m.
Trainer: Sharon Long, MS
Location: MidSOUTH Training Academy, Plaza West Building, 415 N. McKinley, #900, Little Rock, AR 72205
Description: Many factors influence why some young people have successes in life and why others have a more difficult time. Economic circumstances, genetics, trauma, and many other factors play a role. But, these factors which seem difficult, if not impossible, to change, aren’t all that matters. Research by Search Institute has identified 40 concrete, positive experiences and qualities – “Developmental Assets” – that have a tremendous influence on young people’s lives. These assets are things that we can all help to nurture. Join us as we explore asset-building together!
Presenters

Arkansas Center for Health Improvement (ACHI) is focused on change that leads to improved health for all Arkansans. Activities are centered in three Areas of Focus that influence health — population health policy, access to quality care, and health care system transformation—with supporting infrastructure of health data and research.

Richard Davies, a certified law enforcement instructor, continues to train officers, teachers, and school administrators all over the country to better prepare them to be more effective working with the School Resource Officer programs in the public school system. He specializes in awareness, intervention, and prevention programs involving juvenile crime, gangs, drugs, and other law related education programs. He was also involved in the Police Exploring Program, supervised the Neighborhood Watch Program, coordinated the bi-annual (8-week) Citizen's Police Academy and the yearly National Night Out event. A graduate of Northwestern University's School of Police Staff and Command, and with more than 3,200 hours of training, Richard holds a Senior Certificate (law enforcement highest certificate level). He was a nationally recognized School Resource Officer before being promoted to Sergeant and Supervisor of the cities’ Law Related Education and Community/Public Relations Programs. He also served on the Crisis Negotiation Team as a Public Information Officer and as President of the Arkansas Safe Schools Association.

David Deere, M.S.W., M.Th., is the Director of Partners for Inclusive Communities, the University Center for Excellence in Developmental Disabilities for Arkansas, a program of the University of Arkansas at Fayetteville. He is a member of a team funded by the Centers for Disease Control and Prevention to develop a national, Fetal Alcohol Syndrome Disorder curriculum for professionals working in behavioral health. He is the training director and social work coordinator for the Leadership Education in Neurodevelopmental Disabilities (LEND) program, which trains graduate students from fifteen disability-related professions.

Katherine Donald has served as the Executive Director for the Coalition for a Tobacco Free Arkansas for more than thirteen years. For the past thirty years, Katherine has worked professionally for both the private and public sector, in fields affecting adolescent development, family enrichment, public health, and community development. She is a certified trainer and consultant for a national organization that focuses on family enrichment and parental empowerment issues. She has conducted trainings and supervised programs from California to Massachusetts. Additionally, she has managed and administered a multiplicity of programs at the local level. Katherine received her first degree from Philander Smith College and continued her education through graduate studies in Rehabilitation Education at the University of Arkansas at Little Rock.

Darla Kelsay is the Substance Abuse Prevention Coordinator for UA Little Rock/MidSOUTH Center for Prevention and Training. She worked as a Regional Prevention Provider for six years, educating and organizing communities in five counties to prevent and reduce substance abuse among youth and adults. A Certified Prevention Specialist, she serves on the board of the Arkansas Prevention Network and holds a Bachelor’s Degree in Journalism from Ball State University.

Sharon Long M.S., is the Prevention Team Leader at UA Little Rock/MidSOUTH Center for Prevention and Training. She is currently the programmatic lead for the Nurturing the Families of Arkansas (NFA) demonstration program in partnership with the Division of Children and Family Services. She has facilitated parenting programs and specialized behavioral health trainings since 1991 and brings extensive experience to the field of parent education. She is a certified trainer in Mental Health First Aid and Building Developmental Assets as well as a wide array of parenting curricula, including Nurturing Parenting Program, Active Parenting, Systematic Training for Effective Parenting, Parenting the Strong-Willed Child, and Strengthening Multi-Ethnic Families and Communities. Her passion is the implementation of programs that equip, support, and nurture families.
Hayse "Q" Miller is a Certified Prevention Consultant and serves as the Regional Prevention Representative (RPR) for Region 9, housed in the Prevention Service Center for the Family Service Agency in North Little Rock. As the RPR, Hayse provides assistance to communities in implementing prevention programming for risk factors associated with violence, alcohol, tobacco, and other drugs. He has over ten years of experience in strategic planning, community capacity building, and program development. He has written, reviewed and processed many grant proposals and has assisted numerous organizations with accessing over three million dollars in funding.

Margaret Morrison is currently employed as a Certified Prevention Specialist for Region 3, Prevention Service Center. Margaret assists with substance abuse prevention coalition building. Her past experiences in prevention include ten years of volunteer training and facilitation of in-prison life-skills seminars for inmates reentering society, as well as coordination of inmate community service projects. While attending Chadron State College in Nebraska, where she received her BA in Family and Consumer Science and Human Services, Margaret was involved in the development of mentoring programs on campus, and wrote grants to increase funding to support service learning and mentoring. While at Chadron State, Margaret also interned on campus in the Office of Alcohol and Drug Abuse Prevention.

Derrick Newby is the Prevention Specialist at UA Little Rock/MidSOUTH Center for Prevention and Training. For the past twenty years, Derrick has worked in the private and public sector, in fields affecting public health, family enrichment, community development, and prevention. He graduated from the University of Arkansas at Pine Bluff with a degree in Psychology in 1999. He graduated from the University of Arkansas at Little Rock in 2004 with a Master Degree in Public Administration with a focus in Nonprofit Management. In 2010 he earned his certification in grant writing from Fort Hays State University. He served as vice-chairman on the Communities Against Drugs Coalition in Pine Bluff Arkansas for two years and currently serves as the chairman for the CARES Mentoring program in Pine Bluff. He is a certified cultural competency trainer and a certified suicide prevention counselor.

Julie Stevens is an energetic and enthusiastic trainer and advocate of science-validated substance abuse prevention strategies, programs, and practices. In 2009, she was recognized as the Texas Association of Addictions Professionals Terry Hale Addiction Professional of the Year for her contributions to the advancement of the profession. She was awarded the 2011 Presidential Leadership Award from the International Certification and Reciprocity Consortium in recognition of her passion and commitment to creating healthy and safe communities.

Cindy Stokes is the Program Operations Director for Women’s Services. She is based out of the Gateway Recovery Center. She has been with Harbor House, Inc. (HHI) since 1986. She began working in the Early Intervention Program at HHI and transferred to the treatment side when Gateway and Harbor House merged. She is a Licensed Alcohol and Drug Counselor, Advanced Alcohol and Drug Counselor, and a Certified Prevention Consultant.
Looking for Continuing Education hours online?

The Following Online Substance Use/Misuse
Continuing Education Classes
Have Been Added to the MidSOUTH Website

SUBSTANCE USE AND THE MILITARY

ALCOHOL

TOBACCO

MARIJUANA AND OTHER DRUGS

HEROIN, COCAINE AND OTHER DRUGS

PRESCRIPTION DRUG MISUSE AND ABUSE

Training will include six modules with 2 CEUs for each module completed. Participants can earn up to 12 CEUs.

These courses can be found at: https://www.midsouth.ualr.edu/onlinesap/

Note: You will have to create an account to complete these courses.
Register online at www.midsouth.ualr.edu
OR
Fax registration forms to Derrick Newby: (501) 569-3364 or scan and email your registration to:
dlnewby@midsouth.ualr.edu

Mail registration form to:
University of Arkansas at Little Rock
MidSOUTH Center for Prevention and Training
2801 S. University Avenue, DSKN-620
Little Rock, AR 72204-1099

REGISTRATION FORM

Name: __________________________________________________________________________

Organization: ____________________________________________________________________

Title: ___________________________________________________________________________

Address: ________________________________________________________________________

City/State/Zip: ___________________________________________________________________

Home Phone: _________________________ Work Phone: _______________________________

Fax: _________________________________ Email: _____________________________________

Workshop Information: Please write down the name of the workshop(s) you wish to attend.

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Gender:  __ Male  __ Female  __ Prefer not to disclose

Race
__ African American
__ Asian
__ Caucasian
__ Native American
__ Pacific Islander
__ Prefer not to disclose

Ethnicity
__ Hispanic or Latino
__ Non Hispanic or Latino
__ Prefer not to disclose

Date of Birth  ___/___/_____
__ Prefer not to disclose
Please check our website for upcoming workshops that may be added throughout the year.

To Register you will need your email address and your Access Key Password to sign up for workshops. If you do not remember your password, click on the “Login” link and then click on “forgot my password” and it will prompt you to enter your email address. Go to your email and retrieve your password and then login to register. If you register for a workshop and find that you are unable to attend, please notify the MidSOUTH Center for Prevention and Training as soon as possible.

MidSOUTH will issue continuing education certificates upon completion of the entire training. Participants must attend the entire training to receive credit. No partial credit is awarded.

Persons with disabilities: UA Little Rock and MidSOUTH will accommodate participants with disabilities, pursuant to federal and state law. Any person with a disability who needs accommodations, should inform MidSOUTH prior to the event by calling (501)569-3071 or faxing a request to (501)569-3364.

In the event of inclement weather, please call (501) 569-3071 to find out if a workshop has been canceled.

For additional information, please contact Derrick Newby at (501) 859-0362 or dlnewby@midsouth.ualr.edu